







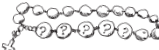






















# 2022 Advent Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>27 November</b> Buy or make an Advent wreath. Light the first violet candle for Hope.</p> 	<p><b>28</b> Decide how to prepare for Jesus' birth during Advent: deeper prayer, acts of charity, fasting.</p> 	<p><b>29</b> Make a playlist of music appropriate for Advent that anticipates Christ's birth. Listen and meditate to it until Christmas.</p> 	<p><b>30 St. Andrew the Apostle</b> St. Andrew answered Jesus' call and led others to Him. Pray for those discerning the priesthood or religious life.</p> 	<p><b>1 December</b> Ask God to reveal what's keeping you from fully experiencing His love. Resolve to deal with it by Christmas.</p> 	<p><b>2 First Friday Devotion</b> Attend Mass or visit Jesus in the Eucharist in church (find the red candle). Give thanks for His blessings.</p> 	<p><b>3</b> Set up a nativity. Leave it empty and add the figures slowly through the weeks.</p> 
<p><b>4</b> Read <i>Matthew 3:1-12</i>. Tonight, light one violet candle and a second one for Faith.</p> 	<p><b>5</b> Pray the Joyful Mysteries of the Rosary. Ask Mary, who received Christ perfectly, to help you welcome Him.</p> 	<p><b>6 St. Nicholas of Myra</b> Perform a simple act of kindness in honor of this generous saint.</p> 	<p><b>7</b> Singing is praying twice. Play some Advent hymns to get into the season and sing along.</p> 	<p><b>8 The Immaculate Conception of Mary</b> To honor the Blessed Virgin Mary, attend Mass and pray for the Church in the United States.</p> 	<p><b>9</b> Contact Catholic Relief Services (877-HELP-CRS or <a href="http://www.catholicrelief.org">www.catholicrelief.org</a>) to see how you can help.</p> 	<p><b>10</b> Attend Confession and experience God's mercy. Find an examination of conscience here, under "Prayers": <a href="https://www.usccb.org">https://www.usccb.org</a></p> 
<p><b>11 Gaudete Sunday</b> Read <i>Matthew 11:2-11</i>. Light two violet candles and the rose one for Joy.</p> 	<p><b>12 Our Lady of Guadalupe</b> Display flowers at home to honor Mary. Pray for expectant mothers and their babies.</p> 	<p><b>13</b> At the half-way point of Advent, renew your resolutions for change.</p> 	<p><b>14</b> Set out an empty box. Add gently used clothes, starting today. When it's full, bring it to a clothing drive.</p> 	<p><b>15</b> Christmas is a busy time for parishes. Stop by your parish office and offer your services.</p> 	<p><b>16</b> Eat a simple, meatless meal and donate the money you saved to the poor box at church.</p> 	<p><b>17</b> Pray one of the seven "O Antiphons" daily, found in the hymn, "O Come, O Come Emmanuel."</p> 
<p><b>18</b> Read <i>Matthew 1:18-24</i>. Light all the candles and the last one for Peace.</p> 	<p><b>19</b> Visit your parish and light a candle for anyone traveling this week.</p> 	<p><b>20</b> Write down all your worries and entrust them to God, "Jesus, I trust in You."</p> 	<p><b>21</b> Straighten up the house and make any final preparations. The King is coming!</p> 	<p><b>22</b> Read <i>Luke 2:1-7</i> and place yourself in the scene. Imagine how you'd react if you were there.</p> 	<p><b>23</b> Think of the Advent resolutions you want to keep year-round.</p> 	<p><b>24 Christmas Eve!</b> Tonight, place Jesus in the manger and rejoice! Offer thanks to God for sending His Son for us.</p> 