

SAINT HIPPOLYTE CHURCH

26012 N. Frenchtown Rd., Guys Mills PA 16327

Liturgies:

Saturday 5:00pm (Nov.—April)
Sunday 10:30am

Confessions:

Saturday 4:30pm (Nov.—April)
Sunday following the 10:30am Mass



April 5, 2020

OUR LADY OF LOURDES CHURCH

251 S. Franklin St., Cochranton, PA 16314

Liturgies:

Saturday 5:00pm (May—Oct.)
Sunday 8:30am

Confessions:

Saturday 4:30pm (May—Oct.)
Sunday 8:00am

IT IS THE MISSION OF SAINT HIPPOLYTE AND OUR LADY OF LOURDES TO FULLY, CONSCIOUSLY, AND ACTIVELY GROW AS A FAMILY CENTERED IN CHRIST MINISTERING TO THE ENTIRE CHRISTIAN COMMUNITY.

Pastor

Father Daniel Prez

Faith Formation Coordinator

Joyce Tarr 814-671-1009

Administrative Assistant

Desiree Wagner

Director of Music Ministries

Darcie Schoenfeldt-White

Parish Office

25997 State Highway 27, Guys Mills, PA 16327
Phone: (814) 789-2022 Fax: (814) 789-2025

Office Hours: Monday – Friday, 9:00am – 4:00pm

E-mail address: office@sainthippolytechurch.com

Web Site: www.sainthippolytechurch.com

St. Hippolyte Social Hall: (814) 789-4533

Our Lady of Lourdes Social Hall: (814) 425-7550

Father Dan's private Mass intentions. No public Masses this week.

MONDAY, APRIL 6, MONDAY OF HOLY WEEK

All Souls

TUESDAY, APRIL 7, TUESDAY OF HOLY WEEK

WEDNESDAY, APRIL 8, WEDNESDAY OF HOLY WEEK

THURSDAY, APRIL 9, HOLY THURSDAY OF THE LORD'S SUPPER

For the Parishioners

FRIDAY, APRIL 10, GOOD FRIDAY OF THE PASSION OF THE LORD

SATURDAY, APRIL 11, HOLY SATURDAY—THE GREAT VIGIL OF EASTER

Intentions of George and Betty Klein (5th Wedding Anniversary)

SUNDAY, APRIL 12, THE RESURRECTION OF THE LORD

Gerry Przybylek (Iris Przybylek)

For the Parishioners

Read the parish bulletin online at www.sainthippolytechurch.com

HELPING HANDS

Coordinators:

Fran Greathouse425-2549

Carole Jones789-2881

Prayer Requests:

Bob & Denise Schoenfeldt.....333-8464

Julia Hovis657-3265

Visitation:

Elisabeth Guest (cards)789-3683

Nancy Musser (cards)425-7725

Connie Molli (visits/telephone).....967-3813

Judy Shonnard (visits).....758-1169

Sharon Boughner (telephone)425-8284

Emergency Home Care:

Ruth Jackard (Meals)789-2085

Mary Beth Coyle (Meals)425-2502

Chris & Shannon Ploski (Odd Jobs)967-4065

Dave Wolff (Odd Jobs).....573-6260

Mary Everitt (Respite Care).....853-0599

Transportation:

Jennifer Mitchell827-3803

Bob Robinson (to church).....282-3673

Beth Bryan (errands).....671-3335

Services to the Bereaved:

Kay Hotchkiss (Mass).....425-3933

Mary Ann Francic (Mass).....724-452-4492

Kitty Jehn (Dinner)425-8282

Cathy Kalinowski (Dinner).....425-2484

Rita Bogardus (Dinner).....789-2679

Joyce Tarr (Follow up).....671-1009

Elizabeth Ministry:

Joanne Froella425-3645

Carol Barickman789-3814

Ministry of Welcome:

Garold Molli967-3813

Rosanne Chamberlain374-4026

PARISH MEMBERSHIP: Membership includes active participation in the sacramental life of the Church, involvement in the activities of the faith community and financial support of the parish. New members are welcome to register by calling the parish office.

BAPTISM: Parents must attend the Pre-Baptism Program. Call the parish office for a copy of the program schedule and to schedule your child's baptism.

MARRIAGE: One party must be a registered parishioner and actively involved for one year before scheduling a wedding. Please call the parish office at least six months prior to the proposed date of marriage. No date can be set before the first interview with the priest has been completed.

ANointing OF THE SICK: Please phone the parish office immediately if a loved one is sick or hospitalized.

READINGS FOR THE WEEK

TODAY:

Mt 21:1-11/Is 50:4-7/Phil 2:6-11/Mt 26:14—27:66

MONDAY:

Is 42:1-7/Jn 12:1-11

TUESDAY:

Is 49:1-6/Jn 13:21-33, 36-38

WEDNESDAY:

Is 50:4-9a/Mt 26:14-25

THURSDAY:

Ex 12:1-8, 11-14/1 Cor 11:23-26/Jn 13:1-15

FRIDAY:

Is 52:13—53:12/Heb 4:14-16; 5:7-9/Jn 18:1—19:42

SATURDAY:

Gn 1:1—2:2/Gn 22:1-18/Ex 14:15—15:1/
Is 54:5-14/Is 55:1-11/Bar 3:9-15, 32—4:4/
Ez 36:16-17a, 18-28/Rom 6:3-11/Mt 28:1-10

SUNDAY:

Acts 10:34a, 37-43/Col 3:1-4 or 1 Cor 5:6b-8/
Jn 20:1-9 or Mt 28:1-10 or Lk 24:13-35

HAPPY BIRTHDAY

April 6: Floyd Greathouse
April 7: Zoe Jackard
April 8: Adrianna Holben
April 9: Lauryn Bean, Michele Brumagin,
Luke Kalinowski, Stephen Kalinowski
April 11: Bryce Huddleson
April 12: John Kalinowski, Jeff Polley,
Ella White

HAPPY ANNIVERSARY

April 11: Dan & Brenda Kantz
George & Betty Klein

QUESTION OF THE WEEK

Suggested text for faith sharing: Today's Second Reading, with an eye to the Passion Narrative.

Adults – Name one specific way that you live your baptismal call to enter into the death of the Lord by forgiveness, generosity, hospitality, or other ways.

Youth – Today begins the holiest week of the year. It is a once-a-year opportunity to really reflect on Jesus' life, death, and resurrection. How will you enter into this experience? How will you be open to how you might be changed?

Children – Share how you sometimes make sacrifices for the good of others.

lifelongcatechesis.osv.com

SACRIFICIAL GIVING

Our gifts given in thanksgiving for what we have already received.

	SH	OLL
Offertory last week:	\$1,386	\$ 300
envelopes used:	21	10
Building Fund last week:	\$ 674	\$ 25
envelopes used:	18	5

Catholic Services Appeal 2020:

Dio Assessment: \$27,618

of Gifts/Pledges: 90

Pledged: \$32,760 Received: \$18,050

Thanks for your generosity and dedication.

HELPING HANDS PRAYER: Your Servant, Lord our God, speaks the word that all the weary long to hear. Your Son humbles Himself to carry the cross that Your people long to embrace. During this holy week, let the same mind be in us that was in Christ Jesus. Empty us of ourselves, and draw us close to His cross, that we may find in the obedience of Christ the strength to drink of the cup that did not pass Him by. We ask this through Your Son, the Christ, our Passover and Peace, Who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

TICKET RETURNS FOR THE PARISH RAFFLE can be mailed to the parish office. If you need more tickets, please contact the parish office. The next monthly drawing is today.

INTERESTED IN ATTENDING A CURSILLO WEEKEND or NEED MORE INFO? Pick up a brochure in the church vestibule or call Carl and Kay Hotchkiss at 425-3933.

LOOKING FOR RESOURCES FOR YOUR FAMILY?



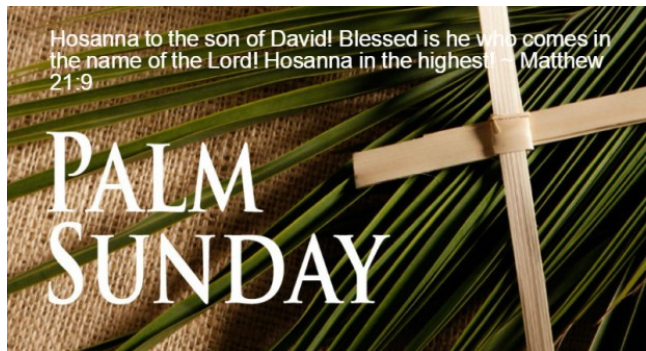
Discover why families always matter at <http://www.eriecd.org/fam.htm>



LIKE US ON FACEBOOK:

Saint Hippolyte/Our Lady of Lourdes
Roman Catholic Church

Join the diocesan
Facebook page at
www.ErieRCD.org



THIS IS THE HOLIEST WEEK OF THE YEAR and yet we are still asked to maintain social distancing by Bishop Persico, our government leaders, and health care professionals. We highly encourage you to participate in the services of Holy Week as much as you can by tuning in to the various Masses and services provided on the television and online (YouTube, Facebook, www.eriercd.org). We will get through this together and we look forward to the day when we can celebrate the Eucharist together as a parish family! Some extra reading materials for your reflection are provided on the following pages.

****Please remember that Good Friday is a day of fast (for those ages 18 to 58 inclusive) and abstinence from eating meat for those 14 years of age and older.**

CONFESSIONS have been scheduled for Tuesday, April 7 from 1:00-5:00pm at Our Lady of Lourdes and on Wednesday, April 9 from 3:00-7:00pm at Saint Hippolyte. Please remember to maintain social distancing of 6 feet when you come for confession.



CATHOLIC RELIEF SERVICES OPERATION RICE BOWL—Do This in Memory of Me

As we enter Holy Week, we celebrate the gift of the Eucharist as our heavenly food. We continue to reflect on the challenge of global hunger. How does our faith inspire us to share the gifts that God has bestowed on us? Visit crsricebowl.org for more.

CHILD ABUSE AND CREATING SAFE ENVIRONMENTS—Child Abuse Prevention Month—Reporting Suspected Child Abuse is Everyone's Responsibility. It is every adult's moral responsibility to report suspected abuse or neglect of a minor to the responsible authorities. Sexual abuse of minors is a pervasive societal problem, and only concerted and sustained efforts by all adults in every segment of society can help to protect children and youth. In the 2019 state report there were 5,102 substantiated reports of child abuse in Pennsylvania in 2018. 47.4% of the substantiated reports were for sexual abuse. **To report suspected abuse of a minor, call Childline at 1-800-932-0323 (anytime 24/7).** Visit <https://www.eriercd.org/childprotection/> to learn how mandated reporters in the Erie diocese are required to report suspected child abuse.

WHOLE COMMUNITY CATECHESIS

Today is Palm Sunday, which commemorates Jesus' triumphant entry into Jerusalem where palm branches were scattered on the ground for Him before He was arrested on Good Friday. Palm Sunday is always celebrated on the Sunday before Easter. Although we cannot have our regular public celebrations of the Blessing of Palm and Mass in our churches due to COVID-19, we are called to participate from our homes by watching Mass on television or the internet. Bishop Persico will celebrate Palm Sunday Mass for the diocese at 11:00am from St. Peter's Cathedral as we begin Holy Week. Mass is offered online by many parishes and on television on EWTN. Since we are unable to receive the Eucharist, we are encouraged to offer this Prayer of Spiritual Communion.

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot receive You at this moment sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Reading the scriptures for Sunday Mass during the absence of our public Masses is a good way for your family to stay connected to their faith family. Parents are the first teachers of our faith, so in the absence of our formal Faith Formation classes, please read scripture with your children. In addition, our textbook publisher, RCL Benzinger, offers many resources that you can use at home by visiting their website at www.bemydisciples.com.

There are many resources that individuals and/or families can use which are provided right here in our weekly bulletin such as the daily scripture readings and the question of the week for each level (adults, teens, and younger children). Inspirational resources can be found on our diocesan website at eriercd.org. A schedule of live streamed Masses can also be found there.

Pray the rosary every day. Let us stay connected to our faith and grow deeper in our belief as we long for healing in our world.

****Additional resources can be found at: (for your information only; we are not endorsing any of these websites and there are several more available)**

- ltp.org
- ascensionpress.com
- catholicbrain.com
- franciscanmedia.org
- catholic.org
- sofiainstitute.com
- pastoralcenter.com





*Our parish elderly or shut-ins
might enjoy a card or letter from you.*

During this unusual time due to the spread of COVID-19 there are many in our parish who are alone and isolated. Now would be a great time to check in with them, either by telephone or mail. If you need a phone number or address of anyone, please contact the parish office.

814-789-2022 or office@sainthippolytechurch.com

ELSIE BLANKFIELD—Wesbury, 31 North Park Avenue, Meadville, PA 16335

SANDRA BOWLER—455 Chestnut Street, Meadville, PA 16335

NORMA BURCHARD—15684 King Drive, Meadville, PA 16335

DEBBIE COLGROVE — PO Box 458, Cochranon, PA 16314

MARY ANN COX — 132 West 23rd St. Apt. 416, Erie, PA 16502

BETTY DAILEY—583 Battles Road, Cochranon, PA 16314

CONSTANCE FIDANZA — 23222 County Line Road, Cochranon, PA 16314

DOROTHY HARGENRADER—PO Box 8, Guys Mills, PA 16327

LINDA KERR—9082 Pettis Road, Meadville, PA 16335

KATIE MATTIS—Wesbury Cribbs Room 209, 31 North Park Avenue, Meadville, PA 16335

ROSALIE McCracken—Rolling Fields, 9108 State Highway 198, Conneautville, PA 16406

MARIE NAHAY—Wesbury Cribbs, 31 North Park Avenue, Meadville, PA 16335

DAN & CEC RICHARD — 11881 N. Wayland Road, Meadville, PA 16335

EUGENE SAS — 9203 Highway 198, Guys Mills, PA 16327

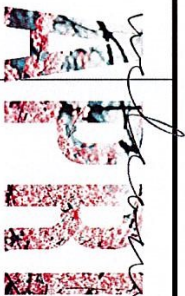

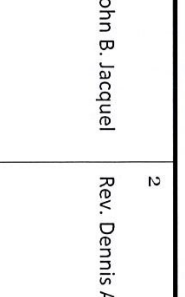
KATHY STEINBECK—4002 Reash Church Road, Cochranon, PA 16314

LAURA WOLFF—192 N. Franklin Street, Cochranon, PA 16314

DOROTHY WOZNIAC—Rolling Fields, 9108 Highway 198, Conneautville, PA 16406



April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Rev. John B. Jacquel	2 Rev. Dennis A. Martin	3 Rev. Henry C. Andrae	4 Rev. B. LaMounte Sayers
5 Rev. Michael Gabler, OSB	6 Rev. Stanley J. Swacha	7 Rev. Thomas M. Brooks	8 Rev. Joseph V. Dougherty	9 Rev. Christopher J. Singer	10 Rev. V. David Foradori	11 Rev. Samuel G. Bungo
12 Rev. Walter E. Packard	13 Rev. Edward J. Walk	14 Very Rev. Vincent P. Cieslewicz, V.F.	15 Pray for Vocations	16 Rev. Msgr. Robert L. Brugger	17 Rev. Jason A. Glover	18 Rev. Msgr. Thomas J. McSweeney
19 Rev. Robert Horgas	20 Rev. James T. O'Hara	21 Rev. David Carter	22 Rev. Robert A. Manning	23 Rev. Peter Pierjok, OSB	24 Rev. Glenn Whitman	25 Rev. Richard Tomasone
26 Rev. David Whiteford	27 Rev. Andrew Boyd	28 Rev. Msgr. Robert M. Malene	29 Rev. Robert P. Susa	30 Rev. John A. Walsh		

Keeping the Triduum

Maureen A. Kelly, MA



Imagine planning for weeks and maybe even months to attend an important event in your life and then missing most of it, or getting tickets to the Super Bowl and arriving just in time to see people heading for the parking lot. That's what it might be like for people who don't realize that the rituals and reflections of the Triduum are a significant facet of their faith journey.

On a spiritual level, when we miss the Triduum liturgies we miss the remembering of the stories and events that form us as a baptized faithful community living out the Paschal Mystery—the dying and rising of Christ.

The Triduum, which includes Easter, is the highpoint of the liturgical year. It begins with the Lord's Supper on Holy Thursday and concludes with evening prayer on Easter Sunday. It is a time for the faithful to stop and reflect on their Baptism, in order to become renewed in their own baptismal calling.

WHERE DID IT COME FROM?

In the very early Church, the Night of the Great Vigil or the Easter Vigil was the only annual celebration of Christians. Every Christian was expected to attend, and they did. It is interesting to note that the Masses of Easter Sunday began in order to provide for the overflow of people from the Vigil.

Two to three centuries later, fast days were set aside to prepare for the Great Vigil, and many Christians became fascinated with the historical unfolding of the events of Christ's Passion. Dramas and celebrations around these events developed into a longer celebration called the "Great Week," and later "Holy Week." Through the centuries, believers grew to understand Holy Week (what we now call Triduum) as a reenactment of the historical events in Jesus' life. During this time, some of the direct connection to the baptismal commitment faithful was lost. By the beginning of the twentieth century what had begun as the only celebration of the Easter Vigil became an early morning Holy Saturday celebration with very few faithful attending. The main focus was on Easter Sunday, with little connection between the Paschal Mystery and the renewal of baptismal promises by the faithful.

As a result of liturgical research into the early Church in the twentieth century, however, changes were made in the

way we celebrated Holy Week. Vatican II restored the catechumenate, known in most parishes today as the RCIA. With this change, the focus on the baptismal character of the Triduum and the Easter season reemerged with an emphasis on the already baptized assembly. That focus continues today as the baptized are called to consider more deeply what it means to be baptized into the dying and rising of Jesus and to live as the body of Christ in the world.

QUESTIONS FOR REFLECTION

Holy Thursday: How does Jesus' example of "washing the feet" translate into action for Christians today? Reflect on the words of Jesus: "I have given you an example. What I have done, you also must do."

Good Friday: Jesus gave his life for our salvation. For what am I willing to lay down my life? Jesus entrusted his spirit into the hands of his Father. How willing am I to put my trust in God?

Holy Saturday: On this night, we are asked to reject sin and renew our faith in God and the Church. How does this renewal of baptismal promises help me to live a life of faith?

ACTIONS TO TAKE

- Attend the Triduum services with family or friends.
- Plan ways to fast from food and activities during the Triduum in order to experience it as a kind of retreat.
- With family or faith-sharing group, talk about what difference your own Baptism makes in your life. *R*

SCRIPTURE CORNER

John 13:1–15; Hebrews 4:14–16; Romans 6:3–11

Read and reflect on these passages. How are they calling you to prepare to renew your baptismal promises?

MAUREEN A. KELLY is an expert on sacramental catechesis and religious education. She holds an MA in theology from the Catholic University of Louvain and is a founding member of the North American Forum on the Catechumenate.

Fasting: A Way to Turn to God

Kristopher W. Seaman

In the last five years, five weddings have occurred within my family: brothers, nieces, and a nephew have married. Each family was deeply grateful for the wedding, but remarked that the detailed preparations were demanding. Their preparations had to do with the ritual (the wedding ceremony) but also with processes that aimed to help the couple sustain a spiritual, holy, and deeply loving relationship.

You might wonder how preparing for a wedding relates to fasting.

When fasting is viewed as a preparation, it is seen in a more spiritual manner than simply “giving something up.” Some persons may view fasting as giving something up, and in a negative way, view the process as a trial. However, throughout the Church’s history, fasting has been a part of the preparation for both initiation (the Sacraments of Baptism, Confirmation, and Eucharist) as well as for repentance. Even today in the Rite of Christian Initiation of Adults, the elect (those persons who are seeking Christian initiation) join with the Christian community—or rather, we join them—in fasting during the liturgical season of Lent in preparation for their initiation at the Paschal Vigil on Holy Saturday night. Fasting in this regard has two characteristics: preparation and penitence.

During Lent the elect and those already baptized as Christian mark the period with fasting. This period prepares the elect for life as a Christian, and those already Christian are reminded that they, too, are always on the journey of conversion, that is, of turning away from all that is not of God, what we call sin, and turning toward God’s call and presence, which heals us of sin and brings us into a deeper life of holiness. In an ancient liturgical rite, this was ritually marked by the elect turning toward the west, the direction of sin, evil, the Devil, and spitting while renouncing these very things. Then, turning to the east, the rising sun, that is the Son, Christ Jesus, they would affirm their faith in God the Father, Christ Jesus, who rose to take away sin, and the Spirit, who cleanses us of



Fasting is part of a process to deepen our discipleship.

sins and brings us into deeper union with the Father through Christ Jesus.

Lent, then, is when the parish community, and those seeking to become disciples within the Church, begin a period of purifying themselves so that God might liberate them for a deeper union with God. At the same time, all of us are called to deepen our life of holiness, both within the Church and during our daily lives, to follow God’s invitation to be holy in the world.

When fasting is viewed in a fuller context of preparation, it is not simply giving something up, but rather, the turning away from all that fractures our relationships with God, the Church, our families, and all humankind. Through the spiritual practice of fasting, then, we express our desire not to be held under the power of things and turn our attention toward growing in God’s call to holiness. During this Lent, we can ask ourselves how our fasting connects to preparing ourselves for deeper holiness and as a way of repentance, of turning from sin toward God’s gracious and merciful presence.

Fasting, then, is part of our process for deepening our discipleship.

Kristopher W. Seaman, DMIN, is a doctoral student at Trinity College, Dublin, Ireland. He is the former director of the Office of Worship for the Diocese of Gary. He earned a master of arts degree in liturgical studies from St. John’s University, Collegeville, Minnesota, and a master of arts degree in systematic theology and a doctorate of ministry from Catholic Theological Union.

Art by Rita Corbin. © 2015 Archdiocese of Chicago: Liturgy Training Publications, 3949 South Racine Avenue, Chicago, IL 60609; 1-800-933-1800; www.LTP.org. *Pastoral Liturgy* magazine, January/February 2015, www.PastoralLiturgy.org.

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Why Is the Day Christ Died Called “Good” Friday?

Greetings!

You may have noticed that children are sometimes startled when they learn that we call the day that Christ suffered and died “Good” Friday. How can anything as horrifying as Jesus’ suffering and Death possibly be “good?”

To understand this description of the day Christ died, it is helpful to know that as far back as 1290, the days the Church considered holy were called “good.” Our Orthodox brothers and sisters refer to Good Friday as “the Holy and Great Friday.” In Germany, the day is referred to as “Sorrowful Friday” (*Karfreitag*).

Without Good Friday, we cannot receive the joy of Easter

Why do we, in the English-speaking world, continue to speak of a day in which we recall the whipping, torturing, and Death of Jesus as “good?”

We call this dark day “good” because with the suffering that is part of it came God’s gift to us. As Catholics, we believe that in the mystery of our Lord’s Death and Resurrection is the ultimate sacrifice for our sins. This day was good for *us*. It is the day that we were set free.

So much of what we experience in these holy days leading up to Easter is paradoxical—things that seem contradictory are held as true. In the Cross, suffering and forgiveness meet. In Jesus, we encounter the one who was God and human. As we journey with Jesus to Easter, we experience that the Second Person of the Trinity “was” but also “is.” In his surrender to God’s will, we see strength.

We can reflect as families on the paradox of calling this day “good.” Are there times that we have experienced darkness but also light? If we read the Beatitudes, we see that things are not always what they seem. The poor, the meek, the suffering are the ones who triumph in the end.



Christ’s death on the Cross brought about the goodness of the Resurrection, which freed us from our sins.

Without Good Friday, we cannot receive the joy of Easter. Without Good Friday, God’s plan would not have been accomplished. The prophet Isaiah notes the mystery in God’s work when he says, “For as the heavens are higher than the earth, so are my ways higher than your ways, my thoughts higher than your thoughts.” Good Friday invites us to dwell in the mystery of the paradox of God.

Our Easter Joy

"Alleluia, he is risen, Alleluia! Alleluia!"

My parish community is blessed to have a fabulous music ministry. One of the highlights of our Easter Vigil is the moment the cantor and choir sing the "Alleluia" before the proclamation of the Gospel. The lights of the sanctuary are brightened, and our song is full, energized, and glorious. With the angels in heaven, we stand at God's throne and give thanks and praise: "Alleluia, alleluia, alleluia!"

During the season of Lent, we have fasted from this powerful word. The Church removes "alleluia" from our liturgies to remind us that we must be on a constant journey of transformation if we are to truly praise God and live in his Kingdom. Lent has reminded us that the Kingdom of God is, as theologians say, "already and not yet." It is already here, because Jesus Christ lived, taught, suffered, died, rose, and sent us his Spirit, establishing the Kingdom on

In this season,
we can sing "alleluia"
for our table grace.

earth. It is not yet because the world remains caught in webs of sin and deceit, and there are still places that have not heard the Good News. When we fast from singing with the angels in Lent, we remember our sinfulness, repent, and resolve to carry his message more fully. By letting go of this word, we hear it in fresh, new ways as we celebrate Christ's Resurrection and rededicate ourselves as "alleluia" people.

One of the wonderful practices of the Catechesis of the Good Shepherd is that of "burying the alleluia." The children in this faith formation program write the word "alleluia" and decorate it. They then place their artwork in a box, which is either literally buried in the ground or symbolically buried in a closet or another out-of-sight location. At Easter, the tomb is



MYSTAGOGY

opened, and the "alleluia" is sung once again. This is a wonderful practice for families as well.

In this season, we can sing "alleluia" for our table grace. Consider using the setting from Mass to tie the faith and fellowship of our family dinner table to that of our parish community. When we're in the Sunday assembly, we can be the people who sing with the enthusiasm, confidence, and gusto this prayer deserves.

And always, let us reflect not only on how we can put the "alleluia" on our lips but in our lives.